

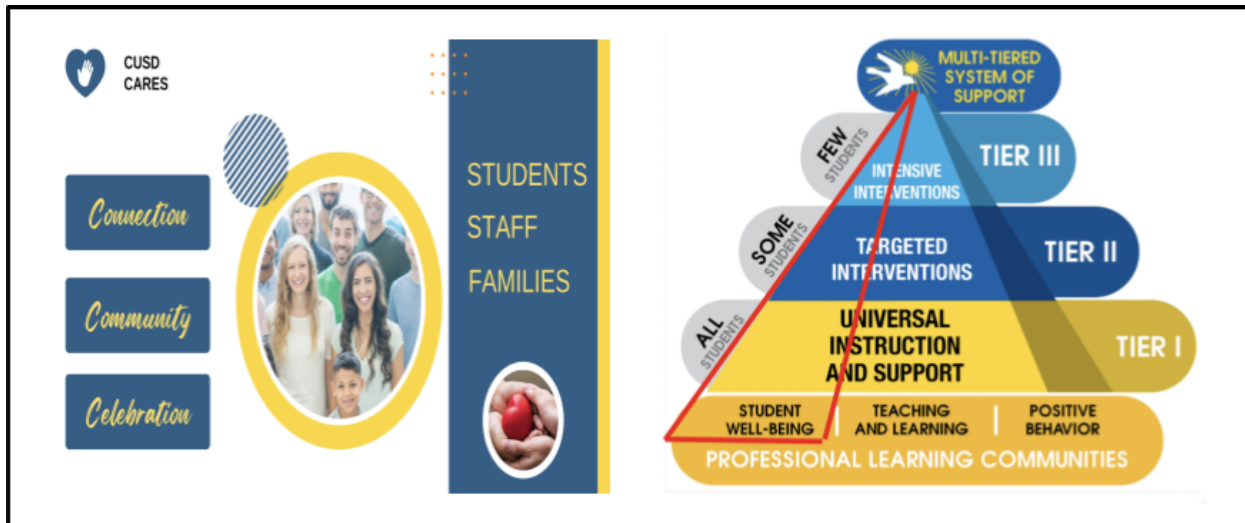
CUSD CARES (Marblehead ES)

Multi-tiered System of Support (MTSS): Well-Being

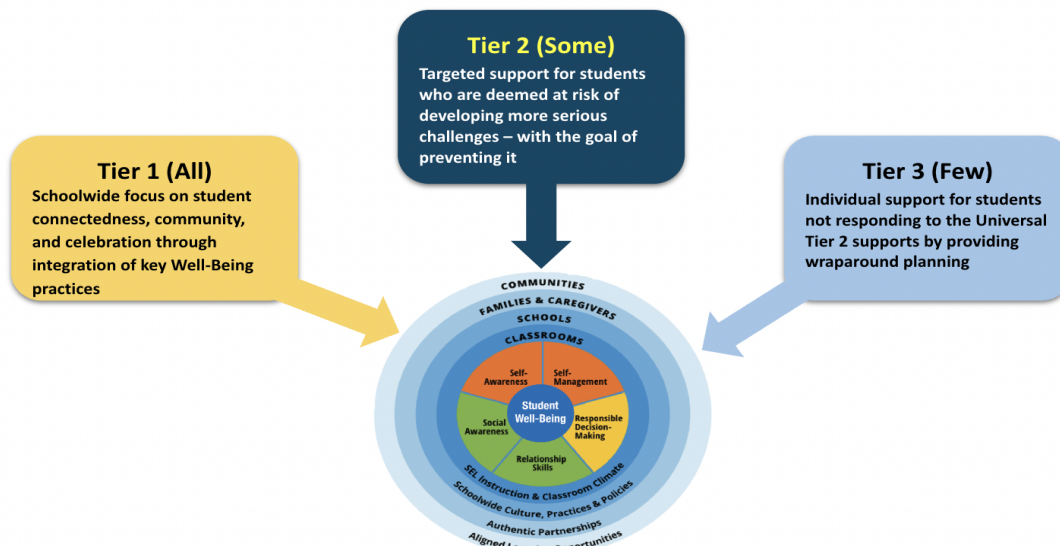
Purpose

Goal: Effectively support all students' and staff's well-being and have a positive impact on student outcomes by intentionally developing "**connections**, a sense of **community**, and regular opportunities for **celebration**"

- **Connection:** Creating a school environment where students feel connected to their peers and the adults on campus through meaningful, daily interactions
- **Community:** Establishing an inclusive school community by developing a sense of safety and belonging for students, staff, and parents, through events, programs, and organizations
- **Celebration:** Highlighting the uniqueness of students and staff through moments that acknowledge their contributions and achievements



Capistrano Unified School District Multi-Tiered System of Support Well-Being Plan "CUSD CARES"



CUSD (**Marblehead ES**)

Multi-tiered System of Support (MTSS): Well-Being

Tier 1 - Universal (All Students): Schoolwide focus on student connectedness, community, and celebration through integration of key “Well-Being” practices:

- “You Belong in our POD” attendance campaign
- Counselor support through Second Step and Cultural Proficiency Lessons
- Well-being lessons and warm-up activities during morning routines

Positive Behavior Support Tier 1 Strategies and Interventions

- Marblehead ES examples:
 - *Greeting students as they enter school*
 - *PAL (Peer Assistance League) in grades 3-5 - Conflict mediation at Recess*
 - *Students participate in spirit activities and other school events*
 - *PBIS, academic, and extracurricular student recognitions*
 - *GOTCHA Tickets/Raffles*
 - *PBIS “BE FINTASTIC ASSEMBLY”*
 - *Character Trait of the Month Award*
 - *Be Fintastic Trimester Award*
 - *G.R.I.P. (parent greeters)*
 - *Dolphin of the Day/Week in each class*

Tier 2 - Targeted (Some Students): Targeted support for students who are at risk of developing more significant challenges

- **Sensory Rooms (elementary schools)**
- Targeted group counseling (Counselors & Intervention Specialists)
- Referral to counselor
- Restorative Practices
- Positive Behavior Support Tier 2 strategies and interventions
- Marblehead ES examples:
 - *Daily check-ins with mentor/principal*
 - *Group discussions (Counselor)*
 - *Student-Family-Site collaboration*
 - *G.R.I.P. (targeted mentoring)*

Tier 3 - Intensive: Individual and intentional support for students not responding to the Tier 2 supports by providing comprehensive planning and services

- **Individual 1:1 Counseling**
- **District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)**
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Marblehead ES examples:
 - *Frequent, calendared Individual meetings with mentor, counselor, or administrator*
 - *Home visits*
 - *Individual discussions (Counselor)*
 - *Student-Family-Site-District collaboration*