

2022-2023 Marblehead 2nd Step/Classroom Lesson yearly Plan

	September: Skills For Learning/Empathy	October: Antibullying Lessons	November: Feelings & Empathy	December: Emotion Management	January: Problem Solving	February: College/Career Lessons	March: More Problem Solving	April: Cultural Proficiency Lessons	May: Mental Health
<b>Kinder</b>	1,2: Learning to Listen, Focusing Attention	1-4: Recognize, Report, Refuse Bullying, Bystander Power	6-9: Feelings	14: Calming Strong Feelings	19: Solving Problems	Career Exploration	21: Fair Ways to Play	Empathy, Appreciating Differences, Understanding Self, Learning about Others	Mental Health Lessons TBA
<b>1st</b>	1,2: Learning to Listen, Focusing Attention	1-4: Recognize, Report, Refuse Bullying, Bystander Power	6-9: Feelings	14: Calming Down Anger	17,18: Problem Solving	Career Exploration	10: Dealing with Accidents	Empathy, Appreciating Differences, Understanding Self, Learning about Others	Mental Health Lessons TBA
<b>2nd</b>	4: Being Assertive	1-4: Recognize, Report, Refuse Bullying, Bystander Power	5-6: Feelings;	11, 15: Emotion Management; Managing Anger	17,18: Problem Solving	Career Exploration	21: Playing Fairly on the Playground	Understand Similarities and Differences, Appreciate Differences, Understand How Others Will Feel When Being Teased	Mental Health Lessons TBA
<b>3rd</b>	5,6: Identifying others' Feelings & Understanding Perspectives	1-4: Recognize, Report, Refuse Bullying, Bystander Power	9: Showing Compassion	12,15: Managing Anxiety; Anger	17,18: Problem Solving	Career Exploration/Career Personality RIASEC	20: Solving Peer Exclusion	Understand What Being an Upstander Means, Recognize Unfair Practices, Explore How to Intervene When Bullying is Observed	Mental Health Lessons TBA
<b>4th</b>	1-3: Empathy and Respect; Assertiveness	1-4: Recognize, Report, Refuse; Bystander Responsibility, Power; Cyberbullying.	14: Jumping to Conclusions	10-12: Emotion Management	16,17: Problem Solving	Career Exploration/Career Personality RIASEC	21: Dealing with Peer Pressure	Understand Different Types of Conflicts, Explore Different Approaches to Dealing with Interpersonal Conflicts, Practice Effective Conflict Resolution Skills	Mental Health Lessons TBA
<b>5th</b>	7: Disagreeing Respectfully	1-4: Recognize, Report, Refuse; Bystander Responsibility, Power; Cyberbullying.	6,8: Accepting Differences, Responding with Compassion	9: Emotion Management	17,18: Problem Solving	College/Trade School Exploration; Middle School Transition	21: Dealing with Peer Pressure	Understand the Role and Responsibility of Bystanders, Explore How to Intervene with Different Bullying Scenarios	Mental Health Lessons TBA